

Area 78 – Panel 76 Delegate’s Corner / February 2026

My name is Dave S., and I am a real alcoholic as described in the Big Book.

In the last few weeks there has been a whirlwind of activity in general service for Area 78 and all the other 93 Areas in the Canada/US structure.

The General Service Board distributed the list of the final Agenda items that will come to the floor of the General Service Conference in New York for the 135 voting members of the General Service Conference. These items will be reviewed, discussed and considered in respective committees and as a Conference as a whole.

Each of the 93 Areas have autonomy on how they distribute this information and collect the group conscious of their area. This will guide the Area Delegate when they attend and have a vote on the myriads of items that could affect Alcoholics Anonymous as a whole in both the present and the future.

Area 78’s Pre Conference Assembly is coming up quickly as follows:

March 27-29, 2026 – Best Western Premier Calgary Plaza Hotel – 1316 33 Street NE,
Calgary AB

You will find information at area78.org if you need an agenda or would like to book a hotel room. All background information and the 69 final agenda items is also on the area 78 website under private downloads. Reach out to your District Committee Member (DCM) for access.

The Pre-Conference Assembly in Calgary will also be live-streamed where members will be able to view/listen. This event will not be “interactive.” Virtual log-in information is on area78.org. I look forward to meeting many of you there.

This is where I believe the importance of having a group representative (GSR) who carries the group conscience through the assemblies to the Delegate, to help us to go to New York to guide the movement of Alcoholics Anonymous for today and the future.

If your group does not have a GSR, I encourage you to have a representative show up at our Pre-Conference Assembly in Calgary. You are linking your home group with the whole of AA right out of the GSR pamphlet (P-19).

Any member can attend and participate by sitting in on a committee. You can have a voice for your group by partaking in the discussions that shape our future. And – we will try to have a little fun while we are doing it – Rule 62!

This past week I was tasked with forwarding to the General Service Conference my 2-minute presentation of the highlights of Area 78. In particular, I was pleased to share the following information.

Area 78 covers over 2,000,000 square kilometers — close to 1,000,000 square miles. To put that in perspective, according to my GPS, driving from our southernmost AA meeting in Milk River, Alberta, to our northernmost meeting in Inuvik, Northwest Territories, would take 44 straight hours. That's about three hours longer than driving from New York City to Los Angeles.

It can be a challenge to be the largest of the 93 Areas, yet we continue to make strides in making connections. Every member is important – and every member is doing their best to carry the message to the still-suffering alcoholic. Our disease isolates us – our Third Legacy of Service connects us! From sponsorship to every other service position there is – every act of service in Alcoholics Anonymous keeps this movement trudging the road of happy destiny (being on purpose).

The Third Legacy is about self-sacrifice – I want to thank you in advance for spending your valuable time ensuring that our Fellowship continues to thrive.

Yours in Love and Service,

Dave S
Delegate